



AQUATICS POLICIES

All users of the Aquatics Facility must abide by these rules.

GENERAL POOL RULES

- Must have lifeguard on duty to swim.
- Adhere to lifeguard at all times.
- No running.
- No food or drinks allowed in pools.
- Dive in designated areas only.
- Fins not allowed in Family Pool.
- No walking while wearing fins.
- No playing on entry ramp of Recreation Pool.
- No hanging on lane lines.
- No holding down of spouts on spray features.
- Clear pools during safety checks.
- Shower before entering pools.
- Remove bandages before entering pools.
- Appropriate swimming attire is required.
- Children who are not fully potty-trained must wear a swim diaper and vinyl pants.
- No person with skin, eye, ear, or nasal infections, or communicable diseases, allowed in pools.

PROHIBITED ACTIONS AND ITEMS

- Horseplay
- Gum
- Tobacco, vapes, e-cigs
- Profane language
- Glass containers
- Pets
- Long breath holding
- Alcoholic beverages
- Water guns or large squirt toys
- Gambling
- Drugs
- Inflatable rafts or tubes

WEATHER

- **Inclement Weather Procedure:** In case of inclement weather, such as heavy rain without thunder or lightning, or fog, the pool will close at the discretion of the Manager on Deck.



- **Thunder and Lightning Safety:** In accordance with the National Lightning Safety Institute, the pools and pool deck are cleared when we hear thunder or see lightning. The aquatics facility remains closed until no thunder or lightning has been detected for 30 consecutive minutes.

SLIDE RULES

- Use of the slide is prohibited unless an attendant is on duty.
- Youth must be 44 inches tall or taller and have a green or yellow band in order to use the slide.
- No sunglasses or flotation devices permitted on the slide.
- No diving, running, standing, kneeling, rotating, or stopping on the slide.
- Patrons must go down the slide feet-first on their backs. No traveling head-first down the slide. All body parts must remain within the slide.
- Only one person may be on the slide at a time.
- Patrons should promptly exit the slide area after sliding.

DIVING BOARD RULES

- Use of the diving board is prohibited unless a lifeguard is sitting in the guard chair next to the board.
- Youth must have a green band to use the diving board.
- No sunglasses permitted while using the diving board.
- Patrons may not move the fulcrum of the diving board.
- Divers should promptly exit the diving area of the pool.
- Only one person may be on the diving board at a time (including the ladder). The next person should wait on the deck until swimmers reach the side ladder of the pool.
- No multiple bounces, hanging from, running on, or swimming under the diving board.
- Youth are not permitted to jump off the diving board to someone in the water.

SWIM TESTING AND SUPERVISION IN THE WATER

Youth ages 14 and under must be swim tested. All youth must be re-tested at the beginning of each pool season.

Red Band: Swimmers with red bands are permitted in the family pool without an adult as long as the swimmer is at least 5 years old and has an adult on the deck who has continuous visual contact with the child (i.e., not reading, using cell phone, etc.). Swimmers with red bands are permitted to swim in the shallow end of the recreation pool only when an adult is within arm's reach.



Yellow Band: Swimmers with yellow bands are permitted in shallow water (chest-deep or less) areas only. To qualify for a yellow band a swimmer must be able to swim half the length (~12.5 yards) of the recreation pool without touching the pool sides.

Green Band: Swimmers with green bands are permitted in shallow and deep-water areas. To qualify for a green band a swimmer must be able to tread water for 1 minute and swim 25 yards without touching the pool bottom or sides.

PARENT AND GUARDIAN SUPERVISION OF YOUTH

Youth ages 13 and older are permitted to be unaccompanied in the Jewish for Good facilities without adult supervision. This rule extends to the aquatics facility as long as the supervising lifeguard is notified during each visit by the adult and an emergency contact form is on file in the aquatics office.

Youth ages 10-12 are permitted to be unaccompanied in the Jewish for Good facilities as long as their supervising adult is on the premises. This rule extends to the aquatics facility only if the swimmer has a green band.

Youth ages 9 and under are not permitted in the aquatics facility unless accompanied by a parent or guardian *at all times*.

Youth ages 4 and under must have a parent or guardian in the water within arm's reach *at all times*, unless the child is in a supervised program.

Parents or guardians of children ages 6-9 who are in a supervised program (i.e., swim team, swim class, etc.) must be on the Jewish for Good premises but are not required to remain on the pool deck.

Parents or guardians of children ages 5 and under who are in a supervised program must remain on the pool deck at all times.

SWIM LESSON POLICIES

- All programs are subject to change or cancel due to insufficient enrollment.
- In the event of inclement weather or pool closure, as decided by the Manager on Duty, lessons with a disruption of 15 minutes or more will be rescheduled. Lessons postponed for these reasons will be rescheduled for Fridays, at the same time of day. If the student is unavailable at the designated make-up lesson date and time, the student's make-up lesson will be forfeited and another will not be offered.



- Due to pool space and instructor availability, we will be unable to provide make-up lessons for individual participants who are absent.
- Parents must remain on Jewish for Good premises at all times unless the student is in our transfer program from Camp Shelanu. Parents are to wait on the pool deck and stay clear of the pool edge at all times to avoid distracting the children during their lesson. Children may not be left unattended before or after their swim lessons.
- Make-up classes cannot be offered in the event of the student's illness or any other personal reason.
- Children symptomatic with communicable illnesses are not allowed in the pool as a safety precaution for other swimmers.
- All swimmers must be asymptomatic without fever-reducing medication for at least 24 hours prior to entering the pool again.
- Students may not enter the pool until the class is scheduled to begin for their safety and the safety and courtesy of other students in their respective lessons.
- Children must be fully potty trained to participate with the exception of Parent/Child classes.

GUEST POLICIES

- Members are responsible for their guests at all times.
- Members must notify the Director of Healthy Living at least 48 hours in advance if they plan to bring more than six guests to the pool during one visit.

DISCIPLINE GUIDELINES

Offenses such as excessive running, horseplay, profane language, pushing, fighting, talking back, and dunking are subject to disciplinary action. Violations will be subject to the following guidelines:

1st Offense: verbal warning.

2nd Offense: Five minute time-out from swimming; patron required to sit beside the lifeguard.

3rd Offense: Expulsion from pool for remainder of the day.

4th Offense: One week suspension from aquatics facility.

5th Offense: Suspension of access to aquatics facility.

Serious incidents may skip steps of this process. Guests involved in offenses subject to a third or higher offense will not be permitted to return.

Jewish for Good is not responsible for loss, theft, or damage of personal items.